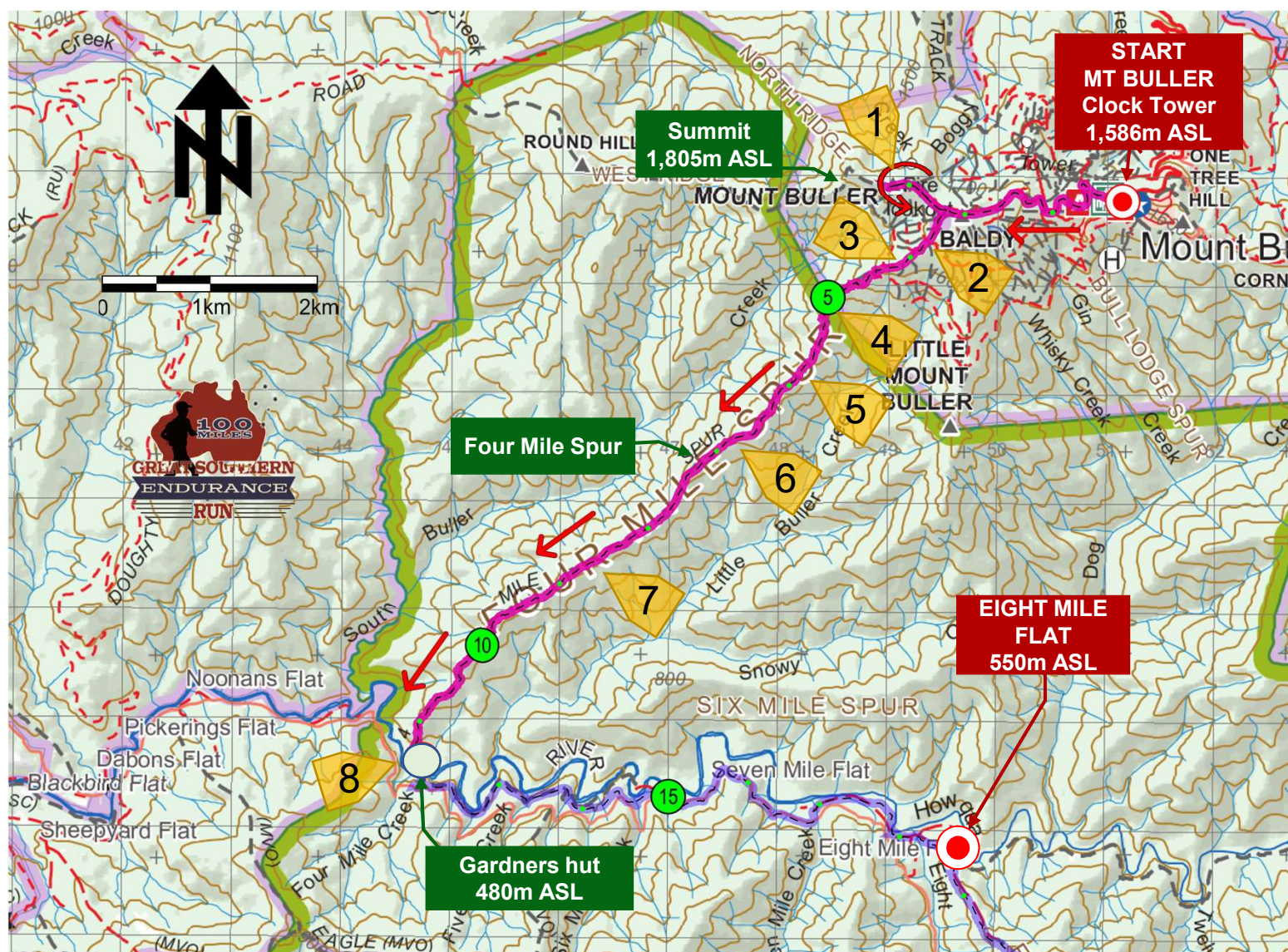


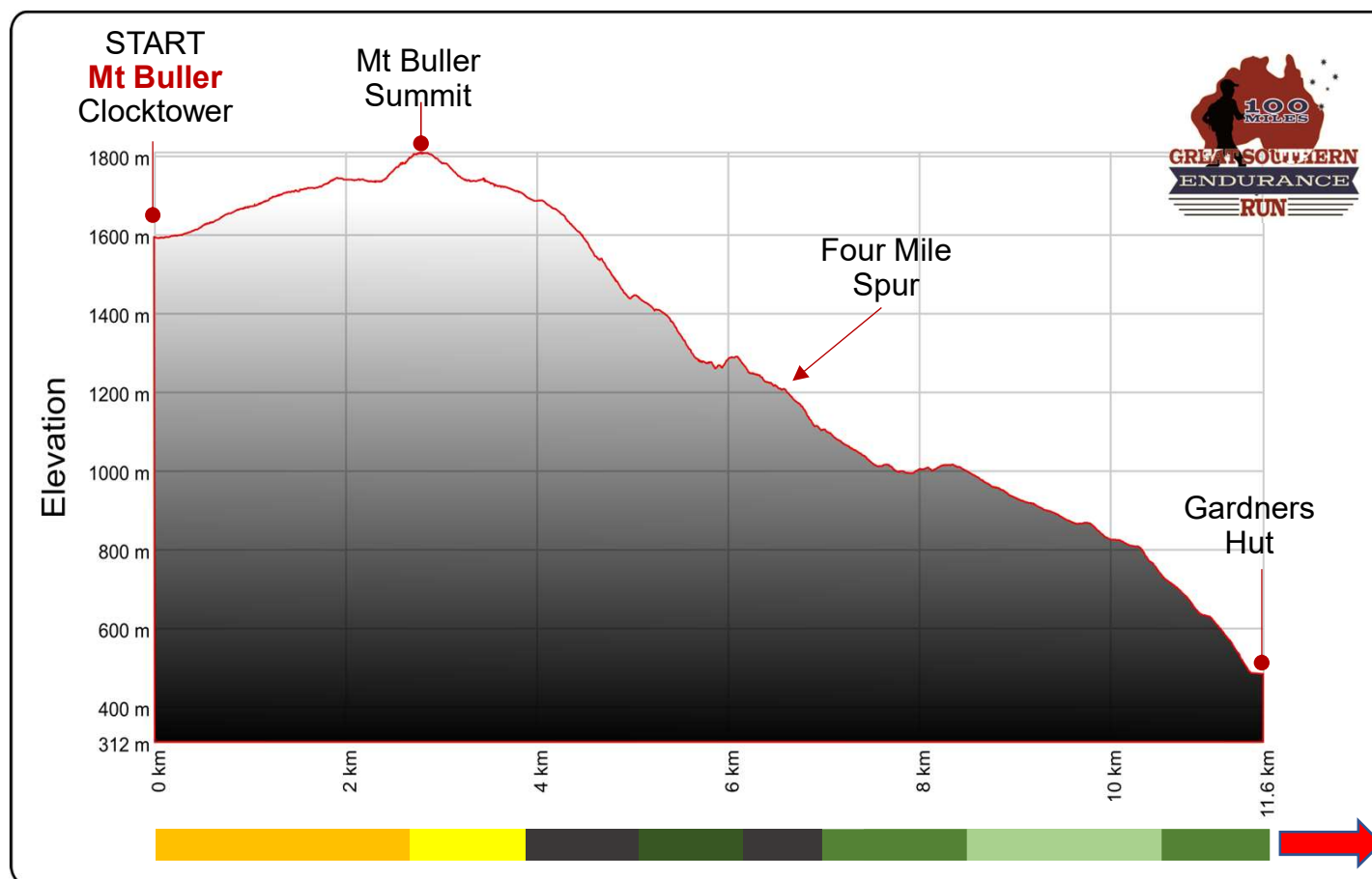
MAP 1

Mt Buller to Gardners Hut



1	Ascend to summit then back to "Family Run"
2	Top of "Family Run"
3	Down "Family Run" - Lightning fast!
4	Pass through gap in skier safety fence just before right bend and onto start of indistinct spur trail
5	Change to very slow - scrubby, rocky ground
6	Slow - narrow rocky spur section
7	Runnable section - fast at times
8	Creek crossing - unavoidable wet feet!.

PROFILE 1 Mt Buller to Gardners Hut



Track Quality

- Open run
- Open run/walk
- Bush run
- Bush slow run
- Bush walk
- Scrub walk
- Scrub fight
- Rocky run
- Rocky walk

Target Times

Time of day at Eight Mile		
Slow	Medium	Fast
11:59 AM	11:26 AM	10:43 AM
Sat. Morning	Sat. Morning	Sat. Morning
For finish at Buller		
Slow	Medium	Fast
6:00 AM	3:00 AM	11:00 PM
Sun. Morning.	Sun. Early	Sat. Night

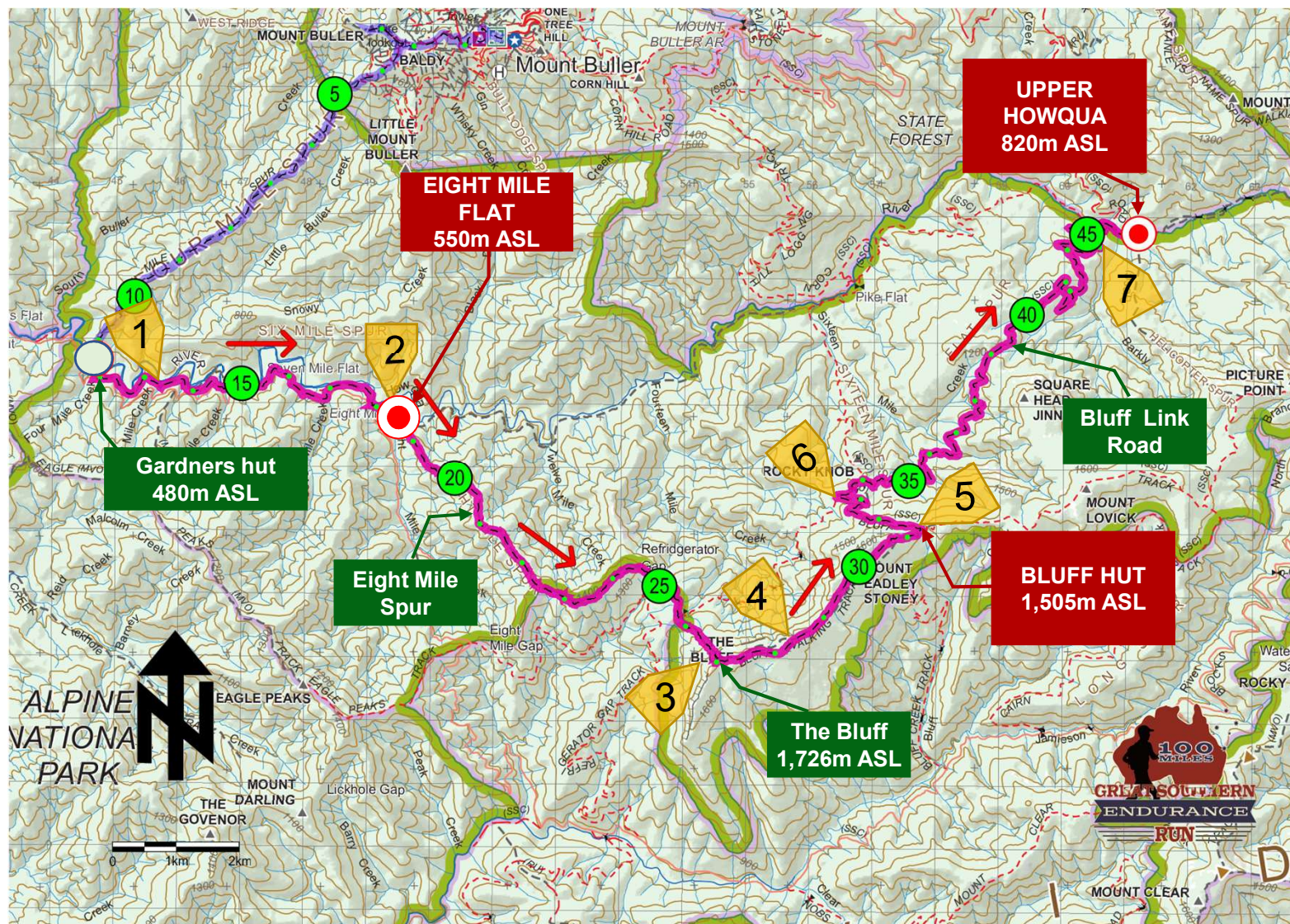
Mt Buller to Eight Mile Flat Leg details

Leg Distance	Cum. Distance	Ascent	Descent	"Crash Pad" Max. Time	Cut-off at Eight Mile	
					Run Time	Time of Day
18.2km	18.2km	570m	1,558m	0:00	5:00	1:00 PM Sat

MAP 2

Gardners Hut to Upper Howqua Via "Eight Mile Flat" Aid Station

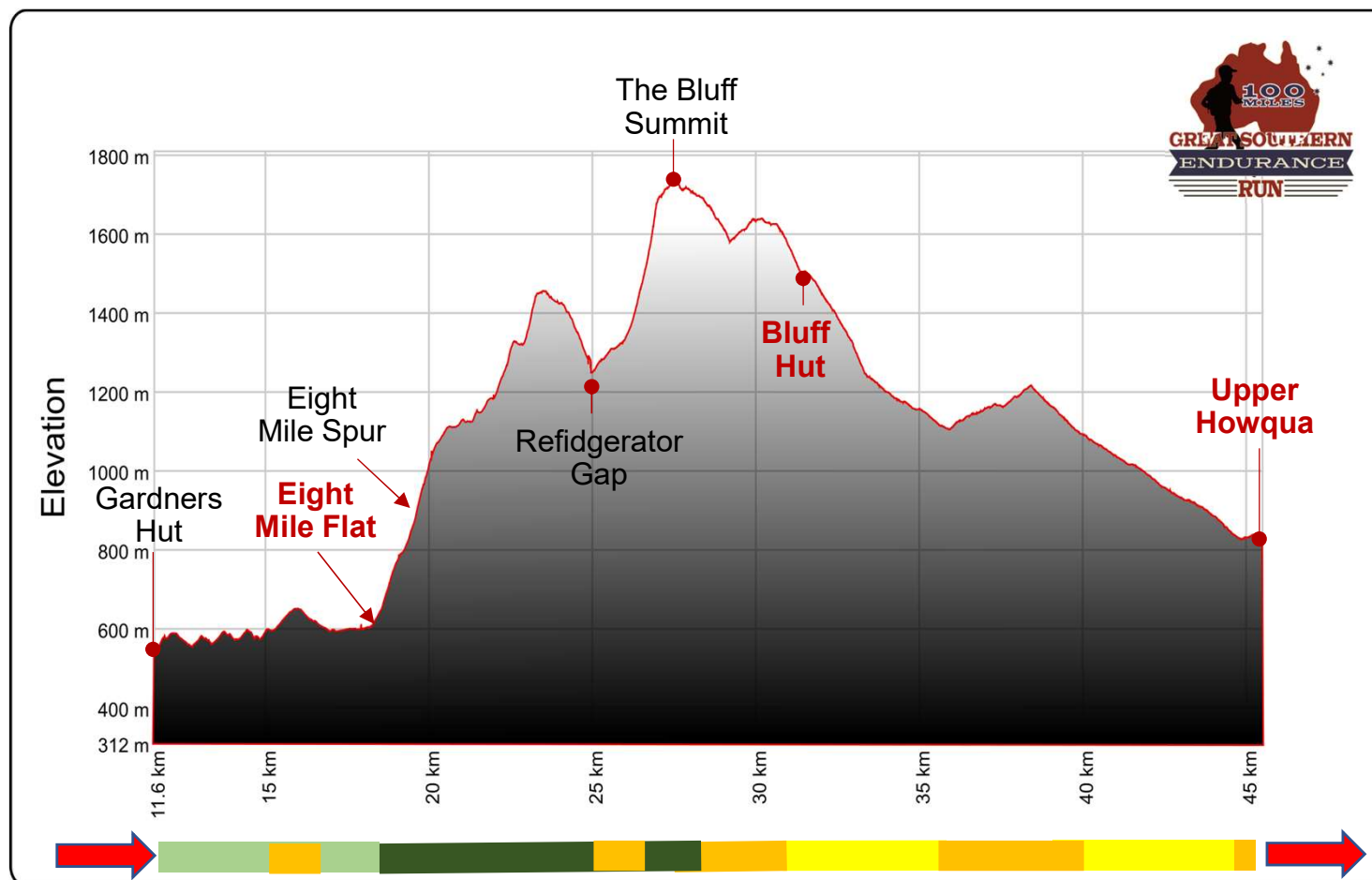
2019 GSER50



1	Scenic route follows high and low river tracks. There are no river crossings in this undulating section.
2	Aid Station. Start of Eight Mile Spur
3	Steep climb to The Bluff. Indistinct track after cresting the top – head for the cairn at the top of the rise.
4	Take care if poor visibility. Steep drop off on North side.
5	At Bluff Hut follow Bluff Track West (left).
6	Turn right (East) onto Bluff Link Road. DO NOT follow 16 mile Jeep Track.
7	Approaching Howqua River turn right to campground.

PROFILE 2

Gardners Hut to Upper Howqua Via "Eight Mile Flat" Aid Station



Track Quality

	Open run
	Open run/walk
	Bush run
	Bush slow run
	Bush walk
	Scrub walk
	Scrub fight
	Rocky run
	Rocky walk

Target Times

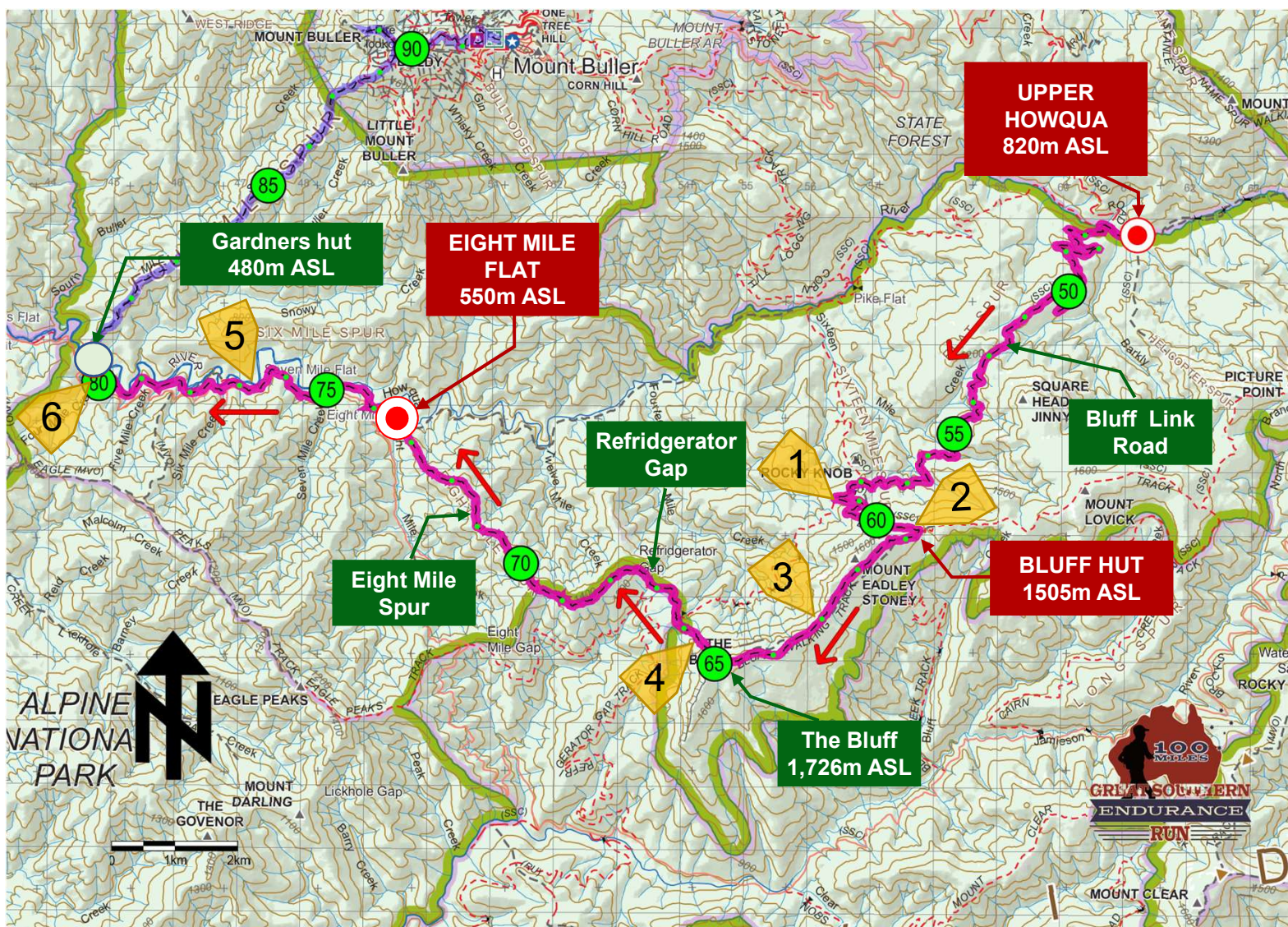
Time of day at Upper Howqua		
Slow	Medium	Fast
5:28 PM	4:11 PM	2:27 PM
Sat. Evening	Sat. Arvo	Sat. Arvo
For finish at Buller		
Slow	Medium	Fast
6:00 AM	3:00 AM	11:00 PM
Sun. Morning.	Sun. Early	Sat. Night

Eight Mile Flat to Upper Howqua Leg details

Leg Distance	Cum. Distance	Ascent	Descent	"Crash Pad" Max. Time	Cut-off at Upper Howqua	
					Run Time	Time of Day
27.8km	46.0km	1,624m	1,393m	0:00	10:00	6:00 PM Sat

MAP 3

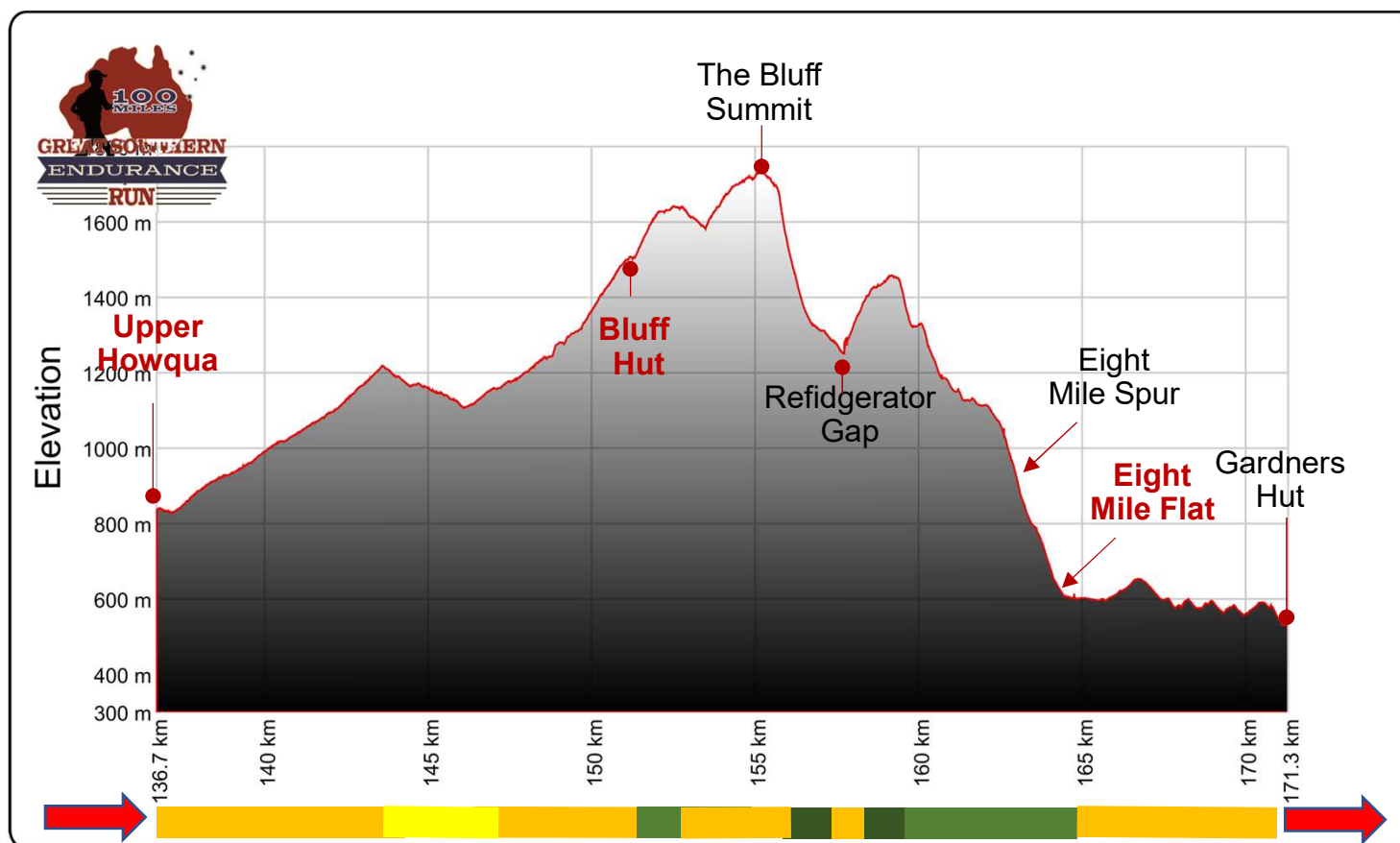
Upper Howqua to Gardners Hut Via "Eight Mile Flat" Aid Station



- 1 Turn left (South East) onto Bluff Track at junction with 16 mile Jeep Track.
- 2 At **Bluff Hut** follow walking track West across southern flank of Mount Eadley Stoney
- 3 Take care after crossing saddle if poor visibility. Steep drop off on North side.
- 4 Steep descent from The Bluff to road leading to Refridgerator Gap. Turn left on main track, then right after about 1 km and head down 8 mile spur. Don't follow the main road!
- 5 Back on the up and down scenic river route.
- 6 Descend from high track turning right to Gardners Hut.

PROFILE 3

Upper Howqua to Gardners Hut Via "Eight Mile Flat" Aid Station



Track Quality

	Open run
	Open run/walk
	Bush run
	Bush slow run
	Bush walk
	Scrub walk
	Scrub fight
	Rocky run
	Rocky walk

Target Times

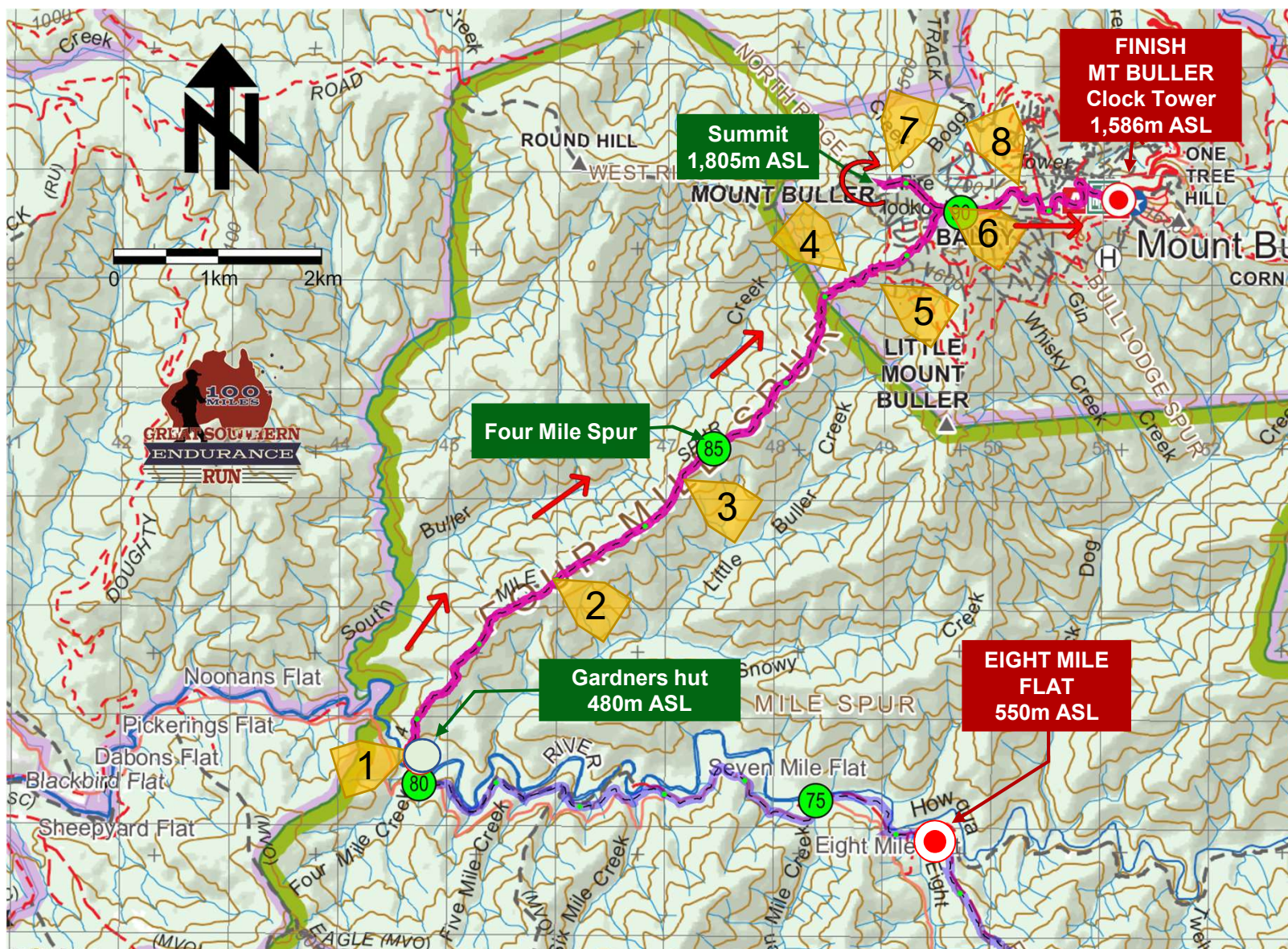
Time of day at Eight Mile		
Slow	Medium	Fast
11:44 PM	9:35 PM	6:44 PM
Sat. Night.	Sat. Night	Sat. Evening
For finish at Buller		
Slow	Medium	Fast
6:00 AM	3:00 AM	11:00 PM
Sun. Morning.	Sun. Early	Sat. Night

Upper Howqua to Eight Mile Flat Leg details

Leg Distance	Cum. Distance	Ascent	Descent	"Crash Pad" Max. Time	Cut-off at Eight Mile	
					Run Time	Time of Day
27.8km	73.8km	1,393m	1,624m	0:00	17:00	1:00 AM Sun

MAP 4

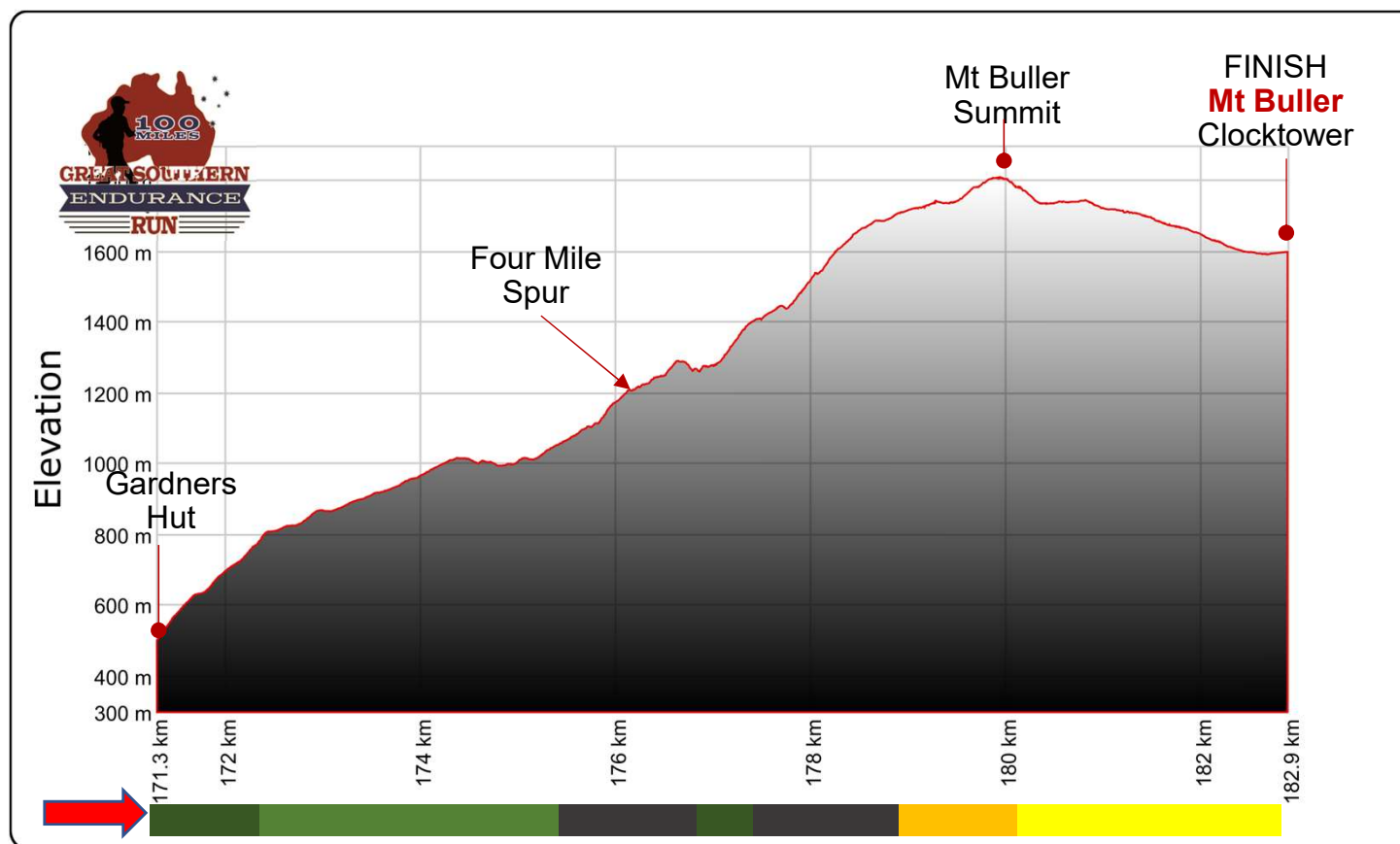
Gardners Hut to Mt Buller



1	Howqua River crossing - unavoidable wet feet again!
2	Open forest
3	Steep narrow rocky spur section becoming scrubby and rocky!
4	Indistinct route on spur.
5	Pass through gap in skier safety fence and onto the "Family Run"!
6	Turn left (West) uphill to the summit from top of "Family Run"
7	Kiss the cairn.
8	Sprint downhill to the finish line at the Clock Tower!

PROFILE 4

Gardners Hut to Mt Buller



Track Quality

- Open run
- Open run/walk
- Bush run
- Bush slow run
- Bush walk
- Scrub walk
- Scrub fight
- Rocky run
- Rocky walk

Target Times

Eight Mile Flat to Mt Buller Leg details

Leg Distance	Cum. Distance	Ascent	Descent	"Crash Pad" Max. Time	Cut-off at Mt Buller	
					Run Time	Time of Day
18.2km	92.0km	1,558m	570m	0:00	22:00	6:00 AM Sun

For finish at Buller		
Slow	Medium	Fast
6:00 AM	4:00 AM	11:00 PM
Sun. Morning.	Sun. Early	Sat. Night